



Selecting College Dorm Mattresses Guide

Enhancing Student Well-being and Campus Sustainability

This guide aims to help ensure that the mattresses chosen meet the needs of students while aligning with the sustainability and health standards of modern educational institutions.

1. Durability and Longevity

- **Why It Matters:** College mattresses are subject to high usage and need to withstand frequent use over several years.
- **Consideration:** Look for mattresses with high-density foam or innerspring units that are designed for durability and can maintain their shape and support over time.

2. Comfort and Support

- **Why It Matters:** A good night's sleep is crucial for student health and academic performance.
- **Consideration:** Seek mattresses that offer a balance of support and comfort, with features like multiple foam layers or hybrid designs that cater to different sleep positions and preferences.

3. Size and Space Efficiency

- **Why It Matters:** Dorm rooms are typically small, and space is at a premium.
- **Consideration:** Standard twin or twin XL mattresses are common for college dorms, but consider space-saving designs or those that offer storage solutions.

4. Health and Safety Standards

- **Why It Matters:** Ensuring the health and safety of students is paramount.
- **Consideration:** Choose mattresses that are made from non-toxic materials and are certified against harmful chemicals. Also, ensure mattresses meet fire safety standards.

5. Eco-friendliness and Sustainability

- **Why It Matters:** Universities are increasingly committed to reducing their environmental impact.
- **Consideration:** Opt for mattresses that are made from recycled materials, are recyclable at the end of their life, and have a minimal environmental footprint. Look for eco-certifications to ensure sustainability claims are verified.

6. Hygiene and Maintenance

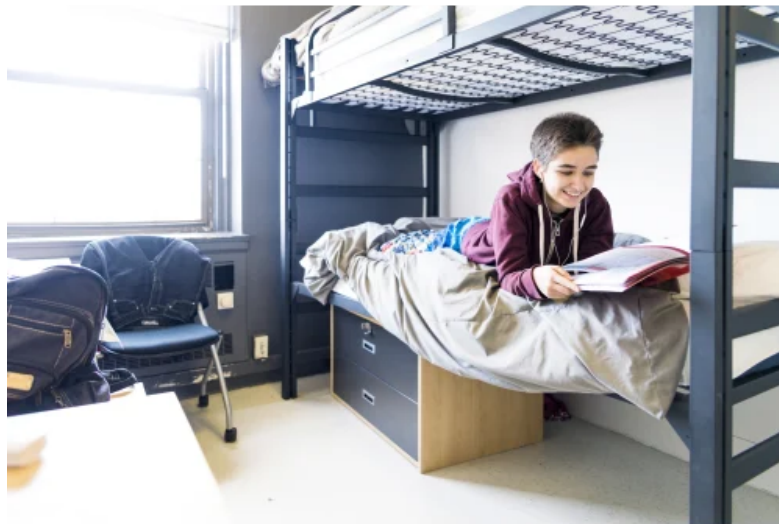
- **Why It Matters:** Cleanliness is crucial in shared living spaces to prevent the spread of pests and allergens.
- **Consideration:** Select mattresses with removable and washable covers, or those made from antimicrobial materials. Waterproof and dust mite-resistant covers are also advantageous.

7. Cost and Value

- **Why It Matters:** Budget constraints are common in educational institutions.
- **Consideration:** While affordability is important, consider the total value over the mattress's life. Investing in a slightly more expensive mattress that is durable and low maintenance can be more cost-effective in the long run.

8. Warranty and Service

- **Why It Matters:** Ensuring the product is protected against defects and premature wear is important.
- **Consideration:** Look for mattresses with a solid warranty that covers manufacturing defects and significant impressions or sagging. Evaluate the manufacturer's customer service for responsiveness and support.



Rest Assured: EnviroSpring® Mattress Supports Higher Ed Sustainability

In today's increasingly eco-conscious world, colleges and universities are striving to implement sustainable initiatives to reduce their environmental impact. However, finding products that align with their sustainability goals while also meeting the needs of students can be challenging. Despite implementing sustainability goals and waste diversion initiatives, higher education facilities often find it challenging to identify solutions that make a significant difference. Traditional mattresses contribute to landfill waste, hindering campus sustainability efforts.

Enter Somnum®'s EnviroSpring® residence hall mattress, an innovative sleep solution addressing sustainability challenges in higher education facilities. This mattress sets a new standard for eco-friendly bedding, featuring a high-density, 100% recyclable, double-fiber inner core. Its dual-sided design boasts dual-density cushioning in its 1" foam toppers, providing a choice of softer or firmer sleep preferences for added comfort. Encased in the resilient DURABLU cover crafted from water-resistant, recyclable oxford nylon, the mattress ensures both sustainability and enduring quality. Moreover, its construction utilizes eco-friendly materials sourced from recycled products, making it a conscientious choice for environmentally minded consumers. With its recyclability through a typical LDPE recycler, the mattress

contributes to the circular plastic recycling supply chain, reducing waste and aligning with modern sustainability efforts while providing a guilt-free option for a restful night's sleep.

While measurable improvements are yet to be quantified, the EnviroSpring mattress is laying the groundwork for a sustainable future in campus housing. As the first batches near their end-of-life cycle, valuable insights are anticipated from college customers regarding the positive impact on their campuses. By diverting mattresses from landfills, EnviroSpring is making tangible progress towards reducing environmental impact.

Somnum's EnviroSpring mattress represents more than just a bedding solution—it's a catalyst for change in campus sustainability. By choosing EnviroSpring, colleges and universities are not only providing students with comfortable accommodations but also demonstrating their commitment to environmental responsibility. As Somnum continues to innovate and collaborate with higher education institutions, the future of campus housing looks brighter and more sustainable than ever before.



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